

# You Yangs Regional Park Stockyards Mountain Bike Area



This trail network has been constructed and maintained by Parks Victoria and a number of dedicated volunteers. If you find any damage or have comments on the trails please email: [youyangsrecreation@parks.vic.gov.au](mailto:youyangsrecreation@parks.vic.gov.au)

For further information please contact the Parks Victoria Information Centre on 13 1963 or visit the Park Office.



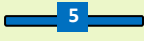
Distance:  
2.1km



Distance:  
300m



Distance:  
2.4km



Distance:  
1.8km



Distance:  
900m



Distance:  
1.8km



Distance:  
1.2km



Distance:  
1.5km

## Stockyards Loop

Short twisting single track that links the majority of the tracks together, providing an excellent starting place to plan your route. Best ridden in an anti-clockwise direction.

## Dam View

Short fast single track linking Inner Loop Track to Stockyards Management Vehicle Track, good views of the surrounding landscape make for an enjoyable ride.

## Rockwell Run

To be constructed long looping single track, if you like berms this will be the track for you.

## Quarry Pit

Tight twisting single track perfect for the intermediate rider looking to improve their skills. Includes a diverse landscape experience with large gums, thick wattles, rock outcrops and quarry views combined.

## Lactic Acid

Short fast flowing single track which includes inclined earthen berms and challenging obstacles. Impressive views of the dams and trademark You Yangs rock features.

## Trav's Diamond

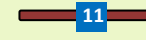
Includes sections through tight twisting single track with plenty of technical rocky sections, inclined wooden and earth berms, boardwalks and challenging climbs when ridden in both directions, perfect for the experienced rider.

## Boulder Track

Long single track with technical flowing sections and difficult obstacles. This track typifies what the You Yangs are known for: Big rocks, sweet berms, challenging climbs and enviable views.

## Turbulence

The most advanced trail at the You Yangs. Features extremely technical terrain including rock gardens, logs, jumps, berms, bridges and steep drops. No room for error among dense vegetation. This trail is for downhill specific bikes, full body protection is recommended. This is a one way track.



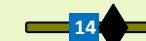
Distance:  
600m



Distance:  
1.5km



Distance:  
1.5km



Distance:  
4.5km

## Link Track

Short twisting single track linking Rockwell Run and Lactic Acid tracks.

## Bandages or Glory

Downhill Riders Only - Designed as a competition DH track, it features extremely technical terrain including rock gardens, logs, jumps, berms, bridges and steep drops. No room for error amongst dense vegetation. This trail is for downhill specific bikes, full body protection is recommended. This is a one way track.





## Cressy Climb

Long fast single track, combined with technical twisting sections. Perfect for the more experienced rider. Best ridden from Stockyards car park down to Cressy Gully Road (down hill direction).




## Junction Track

A diverse trail linking the Stockyards and Kurrajong areas, this track has a number of dirt jumps, rock gardens and flowing earth berms, suitable to be ridden in both directions this track provides a challenging climb when heading from Kurrajong to Stockyards. The northern section includes flowing earth berms and boardwalks through open Eucalypt woodlands.

## Trail Grading

-  Easy
-  More difficult
-  Very Difficult
-  Extremely Difficult

## Trail Warnings

-  Caution
-  Extreme Caution
-  Wrong Way

## Emergency Information

Emergency Markers are located throughout the park. In the case of an emergency call **000** and quote the nearest emergency marker number eg. YJR106. Parks Victoria Rangers may need to be notified to assist in opening gates to ensure rapid emergency response. To contact a Ranger call 13 1963 or mobile 0408 512 580.



### IMBA rules of the trail

The way we ride today shapes the mountain bike trail access for tomorrow. So your part to preserve and enhance the sport's access and image by observing the following rules of the trail, formulated by the International Mountain Bicycling Association.

These rules are recognised around the world as the standard code of conduct for mountain bikers. IMBA's mission is to promote mountain biking that is environmentally sound and socially responsible.

#### 1. Ride on open trails only

Respect trail and road closures (ask if uncertain) and avoid trespassing on private land. The way you ride will influence trail management decisions and policies.

#### 2. Leave no trace

Be sensate to the dirt beneath you. Recognise the different types of soils and trail construction and practise low-impact cycling. Wet and muddy trails are more vulnerable to damage. When the trail bed is soft, consider other riding options.

#### 3. Control your bike

Inattention for even a second can cause problems. Ride within your ability. Skidding only damages the trail and is a sign of loss of control.

#### 4. Always give way

Let your fellow trail users know your coming. A friendly greeting or bell is considerate and works well, don't startle others. Show respect when passing by slowing to a walking pace or even stopping.

#### 5. Never scare animals

All animals are startled by unannounced approach, a sudden movement, or a loud noise. This can be dangerous for you, others and the animals. Do not disturb flora and fauna. Be aware of snakes.

#### 6. Plan ahead

Know your equipment, your ability and the area in which you are riding – and prepare accordingly. Always wear a helmet and appropriate safety gear.

#### 7. Do your bit

Keep your bike clean. Help keep trails clear by picking up sticks and reporting larger maintenance issues. Join in track maintenance field days.